

## **CERTIFICATE**

OF PARTICIPATION

This is to certify that

## **Neil Lightfoot**

Has successfully participated & completed the

5km Ezemvelo Trail Run Challenge 2019

held at Ezemvelo Nature Reserve.

**TIME** 00:51:55

**PACE** 10:22/km

**OVERALL** 33 of 53

40 -

**GENDER** 19 of 20

**40 - 49** 5 of 5

20 October 2019, Sun

Date



